

## Child and Adolescent Well-Care Visits (WCV) & Weight Assessment & Counseling for Nutrition and Physical Activity (WCC)

Patients between ages 3-21 years of age

Patients with at least one comprehensive well-care visit (can be Telehealth with video) with a PCP or an OB/GYN practitioner during the measurement year (Emergency Department visits do not count)

## **Appropriate documentation:**

- Medical documentation must indicate the height, weight, and BMI percentile during measurement year (height, weight, and BMI percentile MUST be from the same data source).
- Counseling for nutrition can entail discussions regarding eating habits, dieting behaviors, nutrition, referral for nutrition education, anticipatory guidance for nutrition, and weight or obesity counseling (not limited to this list).
- Counseling for physical activity can entail discussions regarding exercise routine, participation in sports, sports participation exam, anticipatory guidance for physical activity/exercise, and weight or obesity counseling.

## Tips:

- Education on the importance of screening.
- Allows member reported biometric values (BMI, height, and weight).
- Nutrition and physical activity counseling can be rendered during a telehealth visit.
- Documentation must include specific information discussed and should not include general statements such as education on nutrition, diet or physical activity provided, well-nourished, or anticipatory guidance without specifically mentioning the discussion details.
- Wearing a helmet or water safety and notation solely related to screen time (computer or television) is not compliant.
- Services specific to an acute or chronic condition do not count (i.e. patient with chronic knee pain is able to run without limping or patient has decreased appetite as a result of the flu).
- Developmental milestones alone are not compliant (i.e. can hop on one foot).
- Obesity or eating disorder meets compliance for nutrition and physical activity.

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## **Billing Codes:**

- Visits:
  - o CPT:

1-4 yrs. old: 99382, 99392
5-11 yrs. old: 99383, 99393
12-17 yrs. old: 99384, 99394
>18 yrs. old: 99385, 99395

- o ICD-10:
  - General Exam (0-11 yrs.):
    - Z00.110, Z00.111, Z00.121, Z00.129, Z00.8, Z02.0, Z02.5, Z02.6, Z02,71, Z02.79, Z02.82, Z02.83, Z02.89, Z02.9, Z76.1, Z76.2
  - General Exam (>12 yrs. old):
    - Z00.00, Z00.01, Z00.121, Z00.129, Z00.8, Z02.0, Z02.4, Z02.5, Z02.6, Z02.71, Z02.79, Z02.82, Z02.83, Z02.89, Z02.9, Z76.1, Z76.2
- o Telehealth Modifier:
  - GT: via interactive audio and video telecommunications system
  - 95: synchronous telemedicine service rendered via a real-time interactive audio and video telecommunications system
- Assessments and Screenings:
  - o Pediatric BMI (3-17 yrs.):
    - ICD-10:
      - <5<sup>th</sup> percentile: Z68.51
      - 5<sup>th</sup> to <85<sup>th</sup> percentile: Z68.52
      - 85<sup>th</sup> to <95<sup>th</sup> percentile: Z68.53
      - >95<sup>th</sup> percentile: Z68.54
  - Nutritional Counseling:
    - CPT:
      - 97802-97804
    - ICD-10:
      - Z71.3
    - HCPCS:
      - G0270, G0271, G0447, S9449, S9452, S9470
  - Physical Counseling:
    - ICD-10:
      - Z71.82 Exercise Counseling
      - Z02.5 Sports Physical
    - HCPCS:
      - G0447, S9451

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